



Wellness Energy Consultation and Education
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We bring good health to life!

Frequency Specific Microcurrent

What are the frequencies? The FSM frequencies are electrical pulses measured in hertz or pulses per second. All of the frequencies are below 1000 Hz.

These frequencies came from a list developed in 1922. When that generation of physicians died so did this information . It was rediscovered and has been tested and verified in the last 25 years.

What can the frequencies treat? These frequencies appear to change pain, function and even structure in a large number of clinical conditions. FSM is especially good at reducing inflammation, treating fibromyalgia, nerve, joint and muscle pains. Those treated within a few hours of acute injury note reduced pain and greatly accelerated healing. Today many of our chronic illnesses are a related to inflammation.

There are not guarantees that every protocol will be affective in every patient. In general the frequencies work or don't work and simply have no effect. This is much like the energy of Homeopathic remedies.

How do they work? Research suggests the energies work at the cell membrane receptors to improve cell function and even perhaps its structure. Drugs also change cell receptors as a key in a lock. FSM is rather like your remote that unlocks your car in comparison.

Are there any risks or dangers? There are some caveats to avoid treating for removal of scar tissue within 6 weeks of a surgery. Avoid using across the chest of a person who has a pacemaker. If a woman is pregnant FSM is to be avoided although no adverse reactions have been reported. If the inflammation frequency is used and an infection is present, the infection can become worse when the body inflammatory response is turned off.

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Is FSM FDA approved? The unit for treating FSM is classified as a TENS device for the treatment of painful conditions. The current in a TENS unit supplies a 1000 times more current which is to block the pain but not like FSM which will increase cellular energy and reduce inflammation or speed tissue healing.

What machine is used for FSM? Who can get a machine? All of the research on humans and animals was done with a two channel battery operated microcurrent machine. The frequencies are delivered to three digit accuracy of 0.1 Hz to 999 Hz using an adjustable ramped square wave. The direction of the current is modified by circuitry to an alternating or polarized positive square wave. Patients and lay persons can only purchase microcurrent devices on prescription by their physician. Ask your provider.

What is the difference between Rife and FSM? Laser and FSM? Ultrasound and FSM? Rife frequencies are all light frequencies above 8000 Hz. FSM frequencies are all below 1000 Hz. FSM provides electrons and in published studies increases ATP (cell energy currency) production. Lasers provide photons or light particles which at set frequencies provide beneficial results. Ultrasound creates heat by vibrating the water molecules in tissue. Ultrasound does not provide current nor does it change the ATP status.

Does it work on everyone? Patients who are dehydrated cannot benefit from FSM. Every patient is advised to drink one quart of water in the 2-4 hours preceding their session. More might be needed in the more severely dehydrated. After the session patients are advised to drink an additional quart of water in following four hours.

For more information see Carolyn McMakin FSM on uTube for multiple options

Introduction: <https://www.youtube.com/channel/UC1A75UyOSg2wBp-A6FRrlaA>

Call 651-347-1952 for appointment with Dr. Lane at Wellness Lane, LLC